

# Clover Connection

Chisholm Trail District - Dickinson County  
4-H Youth Development News & Updates  
July - August 2023

**K-STATE**  
Research and Extension



## **FRIENDS OF 4-H PICNIC**

**Wednesday, July 12<sup>th</sup> at 6:30 p.m. at Sterl Hall**

- Fried chicken, baked beans, rolls, and drinks will be provided
- **All 4-H families will bring homemade salad and dessert to feed 15 people**
- 4-H clubs will be charged for West's fried chicken (\$5 per family)
- 4-H families please bring your own table service

This event is a way to say "thank you" for the many ways county businesses, individuals, and civic club members cooperate with the 4-H youth development program. It is important that 4-H families enjoy this event and share with others how much we appreciate the support of the Dickinson County community.

• There will be a free swim for all supporters and 4-Hers from 8:00 to 9:30 p.m., courtesy of Abilene Parks and Recreation and the City of Abilene.

• We will have activities for the entire family in the time between the end of the picnic and the free swim. Please plan to participate!

***EACH CLUB IS TO PROVIDE A DOOR PRIZE and check it in at the front table. Check with your leader for your club work assignment!***

## **Favorite Food Show**

The Family Living Committee has scheduled the Favorite Food Show for **Friday, July 28<sup>th</sup>** with online entries due via [ckff.fairentry.com](https://ckff.fairentry.com) by **July 10<sup>th</sup>**. The theme for this year's event is Charcuterie! More information may be found on our 4-H events page at: [https://www.chisholmtrail.k-state.edu/4\\_h/events/Events.html](https://www.chisholmtrail.k-state.edu/4_h/events/Events.html)

## **Congratulations to our State Project Winner!**

Renatta Heintz of the Fragrant Hilltoppers 4-H Club is the state 4-H project winner for Fiber Arts! Congratulations to Renatta for being recognized for her outstanding 4-H work! Congrats also to our state 4-H scholarship winner, Callie Jones, also of the Fragrant Hilltoppers. Super work!

## **County Committees**

The county committees have been showing outstanding leadership and producing some high-quality events! Thank you to those who have chosen to be active committee members!

## **LEADERS - Club Pictures Needed**

Please submit a club picture to the Extension Office ASAP so that it can be included in the special 4-H edition. I have a picture if your club participated in model meeting this year. These are needed ASAP, email to [chisholmtrail@listserv.ksu.edu](mailto:chisholmtrail@listserv.ksu.edu)

## **Welcome to Jacqueline, Sydney, Callie, Shelby, and Megan!**

Jacqueline Gamez has joined the Chisholm Trail District as our Nutrition, Food Safety, and Health Agent. Sydney Morgan has joined the Chisholm Trail District as our Marion County SNAP-Ed Educator. Also working hard as part of our office team this summer are 4-H program assistant Callie Jones and our summer engagement interns Shelby (Hettenbach) Neal and Megan Maltbie. Please introduce yourself when you have a chance and make them feel welcome! All of them will be out at fairs and other events this summer and will be able to help with questions.

## **Tri-County Free Fair**

The Tri-County Free Fair will be held **July 6<sup>th</sup> – 8<sup>th</sup>** in Herington. Schedule and pre-entry information may be found at <https://www.chisholmtrail.k-state.edu/fairs/tri-county/Tri-county.html> and <https://www.tricountyfairks.com/>

## **4-H Leadership SQUAD Meeting**

**When: Monday, June 26<sup>th</sup>, 7:00 p.m.**

**Where:** Extension Office, Conference Room

**Who:** Any 4-Her (middle school and up) who's interested in learning about and practicing leadership and promoting 4-H! Let us know if you'd like to be on the email list!

**Dickinson County 4-H Council**

Date: **Monday, July 24<sup>th</sup>**

Time: 6:45 p.m. – officers, **7:30 p.m. – full council**

Place: **Extension Office, Conference Room**

**4-H Leadership SQUAD Meeting**

**When: Monday, August 21, 7:00 p.m.**

**Where:** Extension Office, Conference Room

**Who:** Any 4-Her (middle school and up) who's interested in learning about and practicing leadership and promoting 4-H! Let us know if you'd like to be on the email list!

**Join us on Social Media!**

Facebook: **Chisholm Trail Extension District**

Instagram: **ChisholmTr\_KSRE**

**Photography Mounting Boards and Bags Available**

In addition to photo mount boards for **\$1.25** each, our office has display bags available for **\$.25** each. These should be used for the photos you plan to exhibit at TCCF and CKFF.

**CKFF 4-H Helpers List**

The list of 4-H helpers for the CKFF is included with this newsletter. Please check it over carefully. If you did not get signed up and would like to help, please contact our office. We will look to fill spaces in those divisions with less than three helpers first. The superintendents are counting on your assistance at the fair!

**Electrical Code Reminder for CKFF**

No one can use any electrical devices with the 2-prong cord attached to a 3-prong adapter. The device must have a commercial grade 3-prong electrical cord.

**Wood Chips & Ice Available for CKFF**

Wood chips and bags of ice will be available at the fair. Visit the CKFF office to purchase your bags.

**CKFF Fair Guide**

Your fair guide with CKFF information is included in this mailing. Some reminders:

- \* **July 10<sup>th</sup>** – ALL 4-H/FFA exhibits must be entered online at [ckff.fairentry.com](http://ckff.fairentry.com)
- \* 4-H market livestock owner certification and drug withdrawal form **plus** feed and care record for market beef will be submitted with **Livestock Sale Intent to Sell Cards** following livestock shows. Please turn them in **promptly** following shows.
- \* All 4-H/FFA market livestock entries will require the exhibitor's YQCA certificate number. Have that number handy when entering.
- \* Most entries that are judged via conference judging will ask you to select a judging time. Please track those as you make selections for your family so as not to "double book". If you are not given the option to select judging times, a schedule will be made based on entries.
- \* See our District Fairs page for CKFF information: <https://www.chisholmtrail.k-state.edu/fairs/ckff/CKFF.html>

**Youth for the Quality Care of Animals \*\*\*REQUIRED for ALL market livestock exhibitors\*\*\***

Youth for the Quality Care of Animals (YQCA) training is required for all 4-H/FFA members exhibiting market livestock - beef, sheep, swine, and meat goats - at the Central Kansas Free Fair and all youth exhibiting livestock at the Kansas State Fair and Kansas Junior Livestock Show. **This training may still be done online and must be completed by the CKFF July 10 entry deadline.** Complete the online request form at <https://bit.ly/registryqca> ASAP to receive an online coupon code and instructions if you have not yet completed this training that is provided free of charge to Dickinson County 4-H members through a grant from ADM Cares.

**Decorated Cookie Jar Auction**

The following clubs will be making cookies and decorating a cookie jar to be auctioned at the CKFF livestock sale this year: **Willowdale, Chapman Shamrock, Detroit Ramblers, and Fragrant Hilltoppers.** Proceeds go to the Dickinson County 4-H Council to fund the county-wide program. **Keep in mind that cookies sell best when lots of club members are there to display their jar!**

**4-H Food Sale**

**Sterl Hall – Wednesday, August 2<sup>nd</sup>, from noon until food is sold.** Proceeds to Dickinson County 4-H Council. Open class food sale – Sterl Hall, Thursday, August 3<sup>rd</sup>, 9 AM until all food is sold.

**Hints on Exhibiting Horticulture and Floriculture**

K-State Research & Extension publications [Exhibiting Fruits and Vegetables](#) and [Preparing Cut Flowers for Exhibit](#) are excellent resources for 4-H members and adults that are planning to exhibit their vegetables or flowers. These publications are often used by judges as they evaluate fair entries and may be found by visiting: <http://www.ksre.ksu.edu/bookstore/>. The University of Illinois Extension has prepared a series of YouTube videos on how to prepare produce for the fair. These videos give step by step instructions on how to select and groom various types of vegetables for exhibit. Available at: <http://www.youtube.com/user/UIExtension>.

**CKFF Special Baking – Kolaches**

Enter your kolaches made with King Arthur flour in the annual Special Baking Contest from 1:00 to 2:00 p.m., **Saturday, August 5**, in the Sterl Hall. Prizes are being sponsored by the King Arthur Flour Company with youth and adult divisions. Complete rules (i.e. must UPC from King Arthur flour!) are listed in the premium guide. The kolaches will be sold after the judging with the proceeds going to the Dickinson County 4-H Family Living Committee.

**Reminders on Club Banners from Joetta Nagely, CKFF Banner Superintendent**

- Colors: light on dark or dark on light.....when standing at a distance, letters or whole words can be lost if there is not a contrast in color.
- Cover several areas of 4-H ..... don't duplicate by saying the same thing twice.
- Balance for the male and female audience ..... make it appealing for both.
- No 3-D..... please check the rules in the fair paper.
- Lettering.....not too small. Must be able to read from a distance.
- Background ..... when using felt, be careful it stretches. Smooth edges look nicer.
- Enter your banner at the Tri-County Fair. Making a banner costs money and one more premium check will help pay for the supplies.
- Club name **may not** be on the front of the banner as part of the design.

**2023 CKFF Theme: Sew It, Grow It, Show It****Foods and Clothing Labels**

Labels are required in clothing and fiber arts exhibits. Exhibitors can make their own label on a piece of cloth with a permanent or laundry type marker. Labels should be about 3" x 2½" in size and include exhibitor name, class number and county. **The Food Preservation Labels changed in 2018 – be sure you are using the new labels.** For Foods items, there is a label template available for download at: <http://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html> under "Foods and Nutrition" and "Food Preservation." We have some printed and available at the office.

**Food Safety of Frostings and Fillings**

Research has been done and resources are available as you make decisions about frostings and fillings to use with fair exhibits. Food safety is essential and not all frostings and fillings are safe to store at room temperature. Resources on this topic may be found at: <https://www.rrc.k-state.edu/judging/index.html>. For food safety purposes, any entries with frostings and fillings must calculate the amount of sugar in the frosting/filling recipe only. **\*NEW\* Calculation must be attached to entry, or the placing will be lowered one ribbon when judged.** Frosting and fillings need to contain more than 65% sugar for safety.

**CKFF State Fair Intent to Exhibit Form**

Please have the Intent to Exhibit Form completed by **Wednesday, August 9<sup>th</sup>**. This online form (QR code) will be available to all eligible 2023 State Fair participants at the CKFF. If you do not receive one and are eligible to participate at the State Fair, please check with Extension Office staff or the CKFF information booth. It is the exhibitor's responsibility to make sure that this online form is submitted. This form will ensure proper data entry for the State Fair.

**2023 CKFF Livestock Auction**

- \* Sale will be on **Monday, August 7<sup>th</sup>**, starting at **9:30 a.m.**
- \* We will have rotation of the species. Grand and reserve champions will be sold first.
- \* Drinks (tea and water) will be served by 4-H youth. The clubs are on a rotation schedule so that only four clubs each year are needed to serve drinks. Two to three 4-Hers per club are needed.
- \* **Sale Serving Schedule:**  
1<sup>st</sup> shift – 8:30 a.m. to 10:30 a.m.  
2<sup>nd</sup> shift – 10:30 a.m. to end of sale

**Drink Table:**

1<sup>st</sup> shift – Newbern Wideawakes  
2<sup>nd</sup> shift – Navarre Boosters

**Bleacher Servers:**

1<sup>st</sup> shift – Sand Spring Rustlers  
2<sup>nd</sup> shift – Mt. Ayr Go-Getters

**Hints for CKFF Beef Exhibitors**

- Stall Cards need to be up for each animal by Thursday (you can get them at the weigh-in table by the scales)
- The feed alley is where all of the hay, straw, feed, etc. should go, not behind the cattle
- Blocking chutes should be down after the show and removed from the cattle area
- Keep the stalls clean and the animals clean while in their stalls
- Have your animals tied correctly and use a neck rope
- Water the animals extra when it's very hot
- After feeding your animals, pull the feed pans so they are not getting stepped on
- If you pull your animals out to feed them around the trees, don't walk away – you need to attend to them until they are done and clean up behind them

Remember the goal is a safe and clean area to work in as well as a nice place for fair visitors. The beef superintendents award an individual herdsman award to one person that does an outstanding job during the fair taking care of their animals as well as helping their club try to win the stall award. Please see beef superintendents Roger Forsyth or Greg Acheson with questions.

**Ag Olympics – CKFF**

Can you carry a bucket, shuck corn, or ride a horse (stick horse that is)? If so we want you! Get your teams together and meet us for a good time. DK SQUAD will be hosting the Ag Olympics at CKFF on August 5<sup>th</sup>. We will have new games and a few new rules! Stay tuned for more details.

**Make It with Wool Competition**

The Kansas Make It with Wool Competition will be in **November** and the entry deadline is in early **October**. All wool must be tested for wool percentage before the event. More information is available at the Extension Office or by contacting the state director, Deb Gordon at [debgordonks@gmail.com](mailto:debgordonks@gmail.com). Consider using wool for one of your sewing projects this year and compete at this fun event! **Several yards of quality wool fabric are available for adoption in our office!**

**Kansas 4-H and FFA Wheat Variety Plot Enrollment**

It is time to enroll for the 2024 Kansas 4-H and FFA Wheat Variety Plot program.

The program begins fall of 2023 and goes through September 2024. The enrollment form is located at <http://www.kansas4-h.org/events-activities/conferences-events/wheat/wheat-variety-plots/index.html> Members are asked to have their online enrollment completed by **July 15**. New participants will receive a large plot sign, and five individual variety signs.

**Kansas State Fair Information**

**Livestock Entry Deadline:** Kansas State Fair 4-H/FFA Beef, sheep, swine meat goat, dairy goat, dairy cattle, and horse entries are **due July 15!** Entries are online this year you can access this by going to [www.kansasstatefair.com](http://www.kansasstatefair.com) or <https://www.kansasstatefair.com/p/competitions/2020-special-edition-4-h--ffa-grand-drive>

**Encampment Bed Space:** no longer available at the Kansas State Fair

**State Fair Volunteers Needed:** The assistance provided by Extension staff, teens, and adult volunteers is vital to the success of the 4-H Division at the State Fair. This is a great leadership and citizenship opportunity! To volunteer, let the Extension Office know what you would like to help with by **August 12<sup>th</sup>**.

**Tickets:** Discounted tickets may be ordered for 4-H families at the Extension Office. Please plan to pay for the tickets when you place your order. The deadline to order advance tickets from the Extension Office is **August 12<sup>th</sup>**.

**Kansas State Fair Website:** The official web site is located at: [www.kansasstatefair.com](http://www.kansasstatefair.com). This site will provide information on activities, rules, entry times, judging dates, etc.



**Horticulture Judging**

The State 4-H Horticulture Judging Contest will be held **Saturday, August 12<sup>th</sup>** on the campus of Kansas State University, Manhattan. This information will be available on the Kansas 4-H Website on the Horticulture Judging Contest page. Please contact Dickinson County Horticulture Judging Coach, Shannon Heintz ([sheintz@abileneschools.org](mailto:sheintz@abileneschools.org), 785-761-5376) if you are interested and plan to participate in the CKFF Horticulture Judging Contest on July 15.

**48 Hours of 4-H in 2023**

The weekend after National 4-H Week is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers and 4-H Alums too! Find all the information on the state 4-H website and start planning your projects.

**When:** October 7-8, 2023

**Who:** 4-H Members, 4-H Clubs, Friends, Adult Volunteers, Parents, 4-H Alumni  
It's time to make plans for your club to participate. [www.Kansas4H.org/484H](http://www.Kansas4H.org/484H)



**Livestock Sweepstakes**

The 2023 Kansas 4-H Livestock Sweepstakes is scheduled for **August 19-20** on the K-State campus in Manhattan, KS. The 4-H Livestock Sweepstakes event includes the state 4-H livestock judging contest, meat judging contest, livestock skillathon, and livestock quiz bowl. Entries will be made by our office with the livestock judging team comprised of members who scored highest at the CKFF livestock judging contest. If you would like to participate in other areas of the sweepstakes, please let our office know by **July 15**.

**Kansas 4-H Wordmark Policy**

The K-State Research and Extension/4-H wordmark is required on all 4-H marketing and publishing materials, including print, digital, apparel, and merchandise. This means if your club or project group is creating a t-shirt or other apparel, this wordmark is required. More information about the wordmark may be found at: <http://www.kansas4-h.org/resources/marketing/>. Resources are available for local printers to work through the KSU license process.

***This logo is required on shooting sports posters along with the Kansas 4-H shooting sports logo.***



Chisholm Trail District  
Dickinson County



**Vet Med ROCKS Camps at K-State**

K-State's College of Veterinary Medicine is giving elementary, middle school, high school and college students an opportunity to experience "A Day in the Life of a Veterinary Student" at the 2023 Vet Med ROCKS summer camps. Link: <https://www.k-state.edu/media/newsreleases/2023-04/Vet-Med-ROCKS4523.html>

**STEM Opportunity - SunPowered Student Challenge - Rural Electric Cooperative Competition**

The Kansas Electric Cooperatives – consisting of the 26 Rural Electric Cooperatives across Kansas – are beginning a high school solar competition for teams of 2 to 4 students. While preparing for the competition, the students will learn about the appropriate sizing of solar installations, how to properly select a site for solar, understanding how the angles of the Sun change through the year, and the impact of cloud cover on solar production. The team of students should consist of varying personalities and skill sets, as the competition will require the application of science and math, the ability to present solutions to a panel of adults, and solving challenges presented during the day of the statewide competition in Topeka. Competing in this event is a great way for students to prepare for a possible degree or career in the solar industry. Multiple institutions in Kansas offer degrees and certifications that lead to employment. Many of the RECs across the state are sponsoring teams to participate. Their sponsorship covers the cost of the materials kit (\$1,000) needed to prepare and participate in the state competition. If your 4-H'ers are interested in participating, the cost for students to participate is very low (only needing to pay a \$200 competition registration fee for the team, if your local REC is sponsoring the materials kit). For more information: Debra O'Doherty, Event Coordinator. 800-835-0686 or [dodoherty@pitsco.com](mailto:dodoherty@pitsco.com)

**Summer Programming – DON'T MISS OUT!**

For 10 weeks in May through August we have two Summer Programming Interns in the district. Shelby Neal (Hettenbach) is once again in Dickinson County and Megan Maltbie is our intern in Marion County. Megan is originally from McPherson and is currently a Senior at K-State. Megan will primarily be in Marion County but will be helping with some programs in Dickinson County so please welcome her if you get the chance to meet her. Both Shelby and Megan will be offering multiple 4-H and STEM programming opportunities throughout the summer. They are also both available to come to your club, community group, or event to do 4-H or STEM programming activities. A few upcoming events in Dickinson County are listed below. Also, keep an eye out for upcoming events posted on the district Facebook page. For more information or to schedule a program with Shelby, please call the office at (785) 263-2001 or email her at [srhettenb@ksu.edu](mailto:srhettenb@ksu.edu).

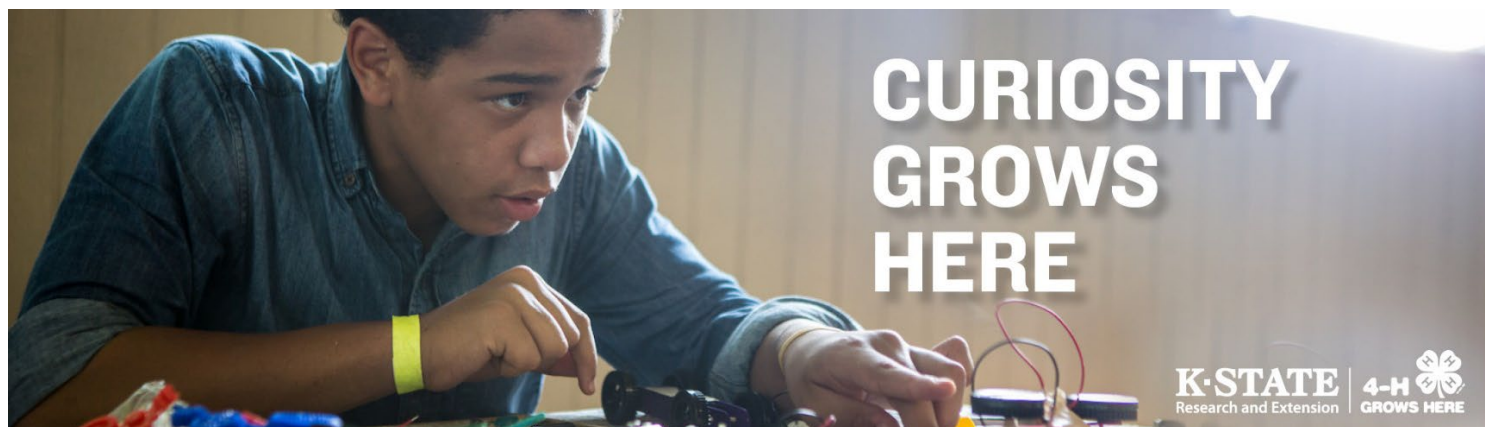
- **Choose Health: Food, Fun, and Fitness** at the Abilene Rec Center: On **July 10, 12, and 14, from 1:00 to 3:00 pm**, we will be doing hands-on activities focused on healthy living and physical activity at the Abilene Recreation Center. Each day will include making a snack, playing games, and doing hands on learning. Please register for this event through the Abilene Rec Center.
- **Rockets Away:** Join us **Friday, August 4th, from 1:00 to 3:00 pm** at the SQUAD Booth near the Large Livestock Arena to build 2-liter bottle Rockets and then blast them off into the sky.
- **Garden in a Glove:** Join us **Sunday, August 6th, from 12:00 to 2:00 pm** at the SQUAD Booth near the Large Livestock Arena to learn about gardening and create your very own garden in a glove to take home. All youth are welcome to participate.

**Online ZBooks Available for 4-H Record Keeping**

Record keeping and Project Reporting are valuable skills taught to members of the Kansas 4-H program. Members are encouraged to keep a permanent record of all 4-H and non-4-H experience and are encouraged to summarize their project experiences on the Kansas 4-H Project Report Form for project recognition. To help you through this process, please refer to the [Guide to Kansas 4-H Project Recognition](#). Couple of items to make note of:

- Youth may choose to use either record keeping option: a.) the fillable PDF Project report forms or b.) the online ZBooks software
- The Permanent Record is included in ZBooks. If you choose to keep records with ZBooks, do not feel like you have to transfer over all of your previous years' activities into the online Permanent Record. Start with this year and attach it to your previous document.

Click [here](#) for instructions and video tutorials for using ZBooks





# 2023 Family Fair Guide Central Kansas Free Fair

August 1 – August 7  
Entry Information and Judging Schedules

Please keep these tips handy, but remember the **Fair Premium Guide is the official reference.** The Premium Guide is available online at <https://www.chisholmtrail.k-state.edu/fairs/ckff/CKFF.html> This “Family Fair Guide” is designed to help your family prepare for the fair. Please review it carefully for rule changes, entry deadlines, judging schedules, and other important information.

Best of luck in preparing your fair exhibits! Please feel free to contact our office if you have any questions.

\*The CKFF Premium Guide will only be available electronically this year. Please print it if you would like a hard copy.

## Ways to Enhance Your Fair Experience

- Keep a positive attitude, help others, and have fun.
- Keep livestock stalls neat and presentable.
- Think safety first at the fairgrounds. Keep livestock securely tied.
- Watch out for all fair visitors, especially children.
- Be considerate of other 4-Hers and animals at all times.
- If you have a concern, talk to the proper division superintendent.  
If the matter cannot be resolved, then speak to an Extension Agent.
- Youth and parents are encouraged to submit in writing signed suggestions for future fairs.  
These may be left at the Fair Information Office or the CKFF Office.  
The CKFF Board has a grievance policy that must be followed for complaints.
- Read your CKFF Fair Premium Guide.

**\*Exhibit Release** – All 4-H and Open Class Exhibits will be released Sunday, 3 p.m. CKFF will not be responsible for exhibits left after 4 p.m.

**Premium Checks** – 4-H and Open Class checks will be available after August 30<sup>th</sup>, **at the Extension Office.** Checks must be picked up within 30 days and cashed within 90 days of the close of the fair. No premium checks will be mailed. After 90 days, any premium checks not cashed will be considered a donation to the Central Kansas Free Fair.

**Livestock Sale Checks** – Will be available as soon as the animals pass slaughter inspection and have been proved to comply with all CKFF rules. (For livestock sold in the premium sale and any other animals sold for slaughter.)

**REMINDER:** You must show proof of thanking the buyer(s) before you will receive your livestock sale check. Please do this right after the fair.

**4-Hers must still refer to individual department for entry and exhibit information. If there is a discrepancy, the Fair Premium Guide is the final word.**

## ONLINE PRE-ENTRY REQUIRED

- **All entries** are to be submitted on-line **by July 10** using FairEntry at [ckff.fairentry.com](http://ckff.fairentry.com)
- Instructions are posted at: <https://www.chisholmtrail.k-state.edu/fairs/ckff/CKFF.html>

## CHECKLISTS

- **Market Animals (Beef, Goat, Sheep, Swine) and Breeding Animals**
  - *Review all special instructions in department*
  - On-line entry using FairEntry (*will need tag/tattoo/ear notches and breed*)
  - Specify class number and breed on-line
  - Owner Certification of Market Animals will be included with Intent to Sell cards. Make sure cards are completed immediately following livestock shows
  - Enter showmanship
  - All 4-H/FFA market livestock entries will require the exhibitor's YQCA certificate number. Have that number handy when entering.
- **Equine**
  - *Review all special instructions in department*
  - On-line entry using FairEntry for each class you wish to enter (halter, pleasure, western horsemanship, showmanship, all timed events, and horseless horse showmanship) (*will need common name*)
- **Dog**
  - *Review all special instructions in department*
  - Must have attended at least 3 dog project meetings for showmanship/obedience and 3 project meetings for agility to be eligible
  - On-line entry using FairEntry for each class you wish to enter (showmanship, obedience, agility, and rally) (*will need name, size, and dominant breed*)
- **Cat**
  - *Review all special instructions in department*
  - Must have attended at least one county cat meeting to be eligible
  - On-line entry using FairEntry (*will need animal's name*)
  - Include name of cat
- **Bucket Calf**
  - *Review all special instructions in department*
  - On-line entry using FairEntry for both Bucket Calf and Decorator Bucket Calf (*will need animal's name*)
- **Dairy/Dairy Goat**
  - *Review all special instructions in department*
  - On-line entry using FairEntry, (*will need breed, animal name, birthdate, and tag number*)
  - Enter showmanship on-line also

### **Judging Contests**

You do not have to be enrolled in the project area to participate in the contest. All 4-Hers are encouraged to participate in the learning experience. Club teams, in most contests (3 top participants), are eligible for cash club awards.

**Horticulture** – Saturday, July 15, 10:00 a.m. at Abilene High School Vo-Ag Building

**Photography** – Saturday, July 29, 9:00 a.m. – 12:00 p.m. at Sterl Hall

**Life Skills** – Saturday, July 29, 9:00 a.m. – 12:00 p.m. at Sterl Hall

**Livestock** – Sunday, August 6, 9:00 a.m. at Small Livestock Arena



**Club Banners must be checked in Saturday, July 29 between  
9:00 a.m. and 1:00 p.m. at Sterl Hall**

## **FASHION REVUE JUDGING & PUBLIC REVUE**

**Monday, July 31 – Emmanuel Church**

- Pre-Fair Judging for Fashion Revue by schedule on Monday, with the public Fashion Revue held that evening at 7:00 p.m.
- **Pre-entry required by July 10 on-line through FairEntry.** A schedule will be mailed with the following enclosures which must be completed and presented at the time of **check-in** for judging: Script Card and Cost Per Wearing Sheet.

## **CONSTRUCTED CLOTHING & FIBER ARTS JUDGING**

*(Includes crochet, knitting, needle arts, patchwork and quilting, rug making, spinning, weaving, ethnic arts, and macramé)*

**Wednesday, August 2 starting at 1:00 p.m., Sterl Hall**

- Judging times will be assigned based on pre-entries
- Each garment/item must have a 4-H clothing label sewn into the article prior to judging. A limited number are available at the Extension Office. When the supply is gone, members will need to make their own.
- **Wool Garment Competition** is open to any 4-Her enrolled in a clothing, knitting, or crochet project who has constructed a garment with at least 60% wool fiber content. No pre-entry required; tell the judge your entry is eligible for the wool garment awards.
- **Other Important Clothing Note** – Only constructed clothing will be exhibited at the fair.

## **FOODS JUDGING**

**Wednesday, August 2 starting at 12:00 p.m., Sterl Hall**

- Bring food entries to conference judging at scheduled time on Wednesday. Sign up for conference judging times when you pre-enter at [ckff.fairentry.com](http://ckff.fairentry.com)
- Check classes and rules in the Fair Premium Guide.
- Approximately 5 minutes is allotted to each exhibit.
- 4-H leader and/or parents are welcome to sit with the 4-Her and **listen** to the judge's comments. Please allow the 4-Her to do the talking.
- **Educational Exhibits** (nutrition on a 3'x4' tri-fold display/notebook) will be judged at the same time food is judged. 4-Hers are encouraged to make an educational exhibit; you can also exhibit 3 food items and 1 flop.

**4-H Food Sale  
Wednesday of Fair Week during foods judging  
Sterl Hall – Proceeds go to 4-H Council**



## **FOOD EXHIBITING TIPS**

**FREEZING** – Freezing baked products before the fair is acceptable. Be sure they are completely thawed before the judging. Use good storage containers; air tight plastic containers are recommended. Thaw baked goods slowly (in the refrigerator) in the container, bag, or wrap in which they are frozen. This minimizes moisture loss.

## **BAKING TIPS**

- Practice making baked entries several times before the final preparation of your fair entry.
- Start early so you can improve your skills and make changes to recipes.
- Drop cookies are dropped from a spoon onto a cookie sheet. They may or may not be flattened.
- Bar cookies may be cake-like or compact and chewy. They are cut into bars when cool.
- Do not overmix muffin or cupcake batter; overmixing causes tunnels.
- Foam cakes should have a rough, slightly cracked top crust; use week old eggs, allow egg whites to come to room temperature before beating. Exhibit in upright position with top crust showing.
- Use solid shortening to grease pans rather than oil or spray.

- Whole wheat products are to contain at least 50% whole wheat flour.
- Quick breads do not contain yeast.
- Grease muffin pans and quick bread pans on the bottom only to avoid a “fry line” around the top edge of the baked product.
- Use hydrogenated shortening instead of butter or margarine in cake frostings. It has a melting point of 127° F and produces a better product in hot weather.
- **Follow guidance on Frostings and Fillings provided at <https://www.rrc.k-state.edu/judging/index.html>.** Calculations must be made prior to judging or you will be dropped one ribbon placing.

### **Special Baking Competition – Kolaches**

- **Adult and Youth Divisions and must use King Arthur Flour and provide UPC label from bag or opened bag of King Arthur Flour**
- 4-Hers can enter the Special Baking Competition (using King Arthur Flour)
- See Open Class Foods Division for details.
- Entries are due Saturday, August 5<sup>th</sup> from 1:00 – 2:00 p.m. Judging begins at 2:00 p.m.
- The entries will be sold to benefit the family living committee following judging.

### **LIVESTOCK**

- **Beef** – Proof of breed is required to show in purebred classes.
- **Beef** – No health certificate required. No brucellosis testing will be required for breeding animals, unless they originate from out of state.
- **Equine** – Must be checked in Wednesday, August 2.
- **Equine** – A coggins test is recommended.
- **All market livestock exhibitors** must have completed Youth for the Quality Care of Animals training to sell in premium sale.



***Remember to thank the sponsors of the fair awards. Sponsors are listed on the back of the award or in the Fair Premium Guide. Without sponsors the fair would not be possible.***

***Thank-you postcards will be traded for special awards earned. A sincere personal note is expected on each thank-you.***



<b>Department</b>	<b>Check-In</b>	<b>Weigh-In</b>	<b>Judging</b>	<b>Release</b>
4-H Beef	Wednesday 3-7 p.m.	Wednesday 7-9 p.m.	Friday 8 a.m.	Sunday 3 p.m.
O.C. Beef	Wednesday 3-7 p.m.		Friday following 4-H	Sunday 3 p.m.
4-H Bucket. Calf	Wednesday 3-7 p.m.		Saturday 4:30 p.m.	Sunday 3 p.m.
4-H Dairy	Wednesday 3-7 p.m. (In milk on show day)		Friday, 8:30 a.m.	Sunday 3 p.m.
O.C. Dairy	Wednesday 3-7 p.m. (In milk on show day)		Friday, after 4-H	Sunday 3 p.m.
4-H Dairy Goat	Wednesday 3-7 p.m.		Friday following Dairy Cattle	Sunday 3 p.m.

<b>Department</b>	<b>Check-In</b>	<b>Weigh-In</b>	<b>Judging</b>	<b>Release</b>
O.C. Dairy Goat	Wednesday 3-7 p.m. (In milk on show day)		Friday following 4-H	Sunday 3 p.m.
4-H Meat Goat	Wednesday 3-7 p.m.	Wednesday 7-8 p.m.	Friday 3 p.m.	Sunday 3 p.m.
O.C. Meat Goat	Wednesday 3-7 p.m.	Wednesday 7-8 p.m.	Friday following 4-H	Sunday 3 p.m.
4-H Equine	Wednesday 3-7 p.m.		Thursday 8:30 a.m.	Saturday after 8 AM /Sunday 3 p.m.
O.C. Equine	Sunday 8:00 a.m.		Sunday 8:00 a.m.	After judging
4-H Cat	Thursday, July 27, 6 p.m.		Thursday July 27, 6:30 p.m.	After judging
4-H Dog	Tuesday, July 25, 8 a.m.		Tuesday July 26, 8 a.m.	After judging
4-H Poultry	Wednesday 3-7 p.m.		Thursday 9:00 a.m.	Sunday 3 p.m.
O.C. Poultry	Wednesday 3-7 p.m.		Thursday morning after 4-H	Sunday 3 p.m.
4-H Rabbit	Wednesday 3-7 p.m.		Thursday 8:30 a.m.	Sunday 3 p.m.
O.C. Rabbit	Wednesday 3-7 p.m.		Thursday morning after 4-H	Sunday 3 p.m.
4-H Swine	Wednesday 3-10 p.m.	Thursday 8 a.m.	Saturday 8 a.m.	Sunday 3 p.m.
O.C. Swine	Wednesday 3-10 p.m.	Market Thursday 8 a.m.	Saturday morning after 4-H	Sunday 3 p.m.
4-H Sheep	Wednesday 3-7 p.m.	Wednesday 8 – 9 p.m.	Friday Breeding 5:00 p.m. Market. 6:30 p.m.	Sunday 3 p.m.
O.C. Sheep	Wednesday 3-7 p.m.	Wednesday 8 – 9 p.m.	Friday following 4-H Breeding	Sunday 3 p.m.
4-H Round Robin			Sunday, 2:00 p.m.	
4-H Crops	Thursday 9 a.m.- noon		Thursday 1 p.m.	Sunday 3 p.m.
O. C. Crops	Thursday 9 a.m.- noon		Thursday 1 p.m.	Sunday 3 p.m.
4-H Floriculture	Thursday 9 a.m.- 11 a.m.		Conference Judging by schedule	Sunday 3 p.m.
O.C. Floriculture	Thursday 9 a.m.- 11 a.m.		Thursday following 4-H	Sunday 3 p.m.
4-H Horticulture	Thursday starting at 9 a.m.		Conference Judging by schedule	Sunday 3 p.m.
O.C. Horticulture	Thursday 9 a.m. - noon		Thursday after 4-H	Sunday 3 p.m.
4-H Clothing & Fiber Arts	Wednesday starting at 1 pm		Wednesday as scheduled	Sunday 3 p.m.
4-H Electricity & Woodworking	Saturday before fair as Scheduled		Saturday before fair as scheduled	Sunday 3 p.m.
4-H FFA Ag Mechanics	Wednesday 3-7 p.m.		Thursday 10 a.m.	Sunday 3 p.m.
Special Baking	Saturday 1-2 p.m.		Saturday 2 p.m.	
4-H Fashion Revue	Monday, July 31	At Emmanuel Church	Monday, July 31 as scheduled	Public Revue – July 31 @ 7:00 p.m.
4-H Foods	Wednesday starting at noon		Wednesday as scheduled	Sunday 3 p.m.
O.C. Foods	Wednesday 4-7 p.m.		Thursday 9 a.m.	Sunday 3 p.m.
4-H Home Environment	Saturday before fair as scheduled	Judged with Visual Arts	Saturday before fair as scheduled	Sunday 3 p.m.

O.C. Craft	Wednesday 3-7 p.m.		Thursday 9 a.m.	Sunday 3 p.m.
O.C. Needlework	Wednesday 3-7 p.m.		Thursday 9 a.m.	Sunday 3 p.m.
O.C. Art	Wednesday 3-7 p.m.		Thursday 9 a.m.	Sunday 3 p.m.
4-H Visual Arts	Saturday before fair as scheduled	Judged with Home Environment	Saturday before fair as scheduled	Sunday 3 p.m.
<b>Department</b>	<b>Check-In</b>	<b>Weigh-In</b>	<b>Judging</b>	<b>Release</b>
4-H Booth & Banner	Saturday before fair, 9 a.m. – 1p.m.		Thursday 9 a.m.	Sunday 3 p.m.
4-H Forestry, Geology, Entomology	Saturday before fair as Scheduled		Saturday before fair as scheduled	Sunday 3 p.m.
4-H SpaceTech	Saturday before fair as Scheduled		Saturday before fair as scheduled	Sunday 3 p.m.
4-H Other Projects	Wednesday 3-7 p.m.		Thursday as scheduled	Sunday 3 p.m.
4-H Photography	Saturday before fair as scheduled		Saturday before fair as scheduled	Sunday 3 p.m.
O.C. Photography	Wednesday 3-7 p.m.		Thursday 9 a.m.	Sunday 3 p.m.
4-H Fiber Animal	Wednesday 3-7 p.m.		Saturday 10 a.m.	Sunday 3 p.m.
O.C. Fiber Animal	Wednesday 3-7 p.m.		Saturday following 4-H	Sunday 3 p.m.

### ***Conference Judging***

**Purpose:** the judge wants to learn more about you and your project.

**What to expect:** conversation and questions about your project...

- Tell me about how you selected this particular exhibit to compete this year for fair.
- What was your favorite part of this exhibit?
- What was the most important thing you learned?
- If you had the chance to do this exhibit again, what would you change?
- Where did you learn how to \_\_\_\_\_?
- Tell me more about \_\_\_\_\_.
- What part was the most difficult?
- What was the easiest?
- How will you use what you learned next time?

**Hints**

- Keep eye contact with the judge.
- Sit attentively in your chair, try not to wiggle around.
- No gum!
- Speak to the judge, answer questions directly.
- Even though they may be sitting nearby, avoid looking to your parents for information.
- Listen carefully to the feedback the judge gives.
- Ask questions!

**PRACTICE!**

### **2023 Central Kansas Free Fair Theme**

### **Sew It, Grow It, Show It**





# CENTRAL KANSAS FREE FAIR GUIDE

Entries for ALL 4-H projects must be pre-entered by:

**JULY 10, 2023 @ 11:59 PM**

Pre-entry link for ALL exhibits: [www.ckff.fairentry.com](http://www.ckff.fairentry.com)

---

## Saturday, JULY 15

10:00 am Horticulture Judging Contest  
(Abilene High School Vo-Ag Building, 1300 N  
Cedar St., Across from tennis courts)

## Sunday, JULY 16

2:00 pm Royalty Interviews (Sterl Hall)

## Tuesday, JULY 25

8:00 am Dog Show (Sterl Hall)

## Thursday, JULY 27

6:00 pm Cat Check In  
6:30 pm Cat Show (Sterl Hall)

## Friday, JULY 28

5:00 pm Favorite Food Show (Sterl Hall)

## Saturday, JULY 29

9:00 am Judging by schedule (Sterl Hall):  
Visual Arts  
Home Environment  
Woodworking  
Energy Management  
STEM  
Entomology  
Geology  
Forestry  
Photography

9:00 am - noon Walk-in judging contests  
(Sterl Hall):

- Photography
- Family & Consumer Science

## Monday, July 31

8:30 am Fashion Revue  
(Emmanuel Church)  
Judging by schedule:

- Constructed
- Purchased

7:00 pm Public Fashion Revue & Royalty  
Coronation (Emmanuel Church)

## Wednesday, AUG 2

12:00 pm Foods, Judging by schedule  
(Sterl Hall)

1:00 pm Judging by schedule (Sterl Hall)  

- Clothing Construction
- Fiber Arts

3:00 - 7:00 pm Livestock check in  

- Beef, Bucket Calf
- Dairy Cattle, Dairy Goat
- Equine
- Market Lamb
- Meat Goat
- Poultry
- Rabbit

Other projects check in

7:00 pm Livestock weigh in  

- Beef - 7 pm
- Meat goat - 7-8 pm
- Sheep - 8-9 pm



# CENTRAL KANSAS FREE FAIR GUIDE

## Thursday, AUG 3

- 8:00 am Equine Show  
(Equine Exercise Arena)  
8:00 am Swine Weigh In  
8:30 am Rabbit Show  
9:00 am Poultry Show  
9:00 am Club Banner Judging (Sterl Hall)  
10:00 am Horticulture Judging (Sterl Hall)  
12:00 pm Floriculture Judging (Sterl Hall)  
1:00 pm Crops Judging (Sterl Hall)  
1:00 pm Other Projects/Miscellaneous  
Judging, by schedule (Sterl Hall)  
4:00 pm "Sew It, Grow It, Show It" Parade  
5:30 pm Special Champions Goat Show  
Participant Report Time (SLA)  
7:30 pm Special Champions Goat Show  
(SLA)

## Friday, AUG 4

- 8:00 am Beef Show (Large Livestock Arena)  
8:30 am Dairy Cattle Show, Dairy Goats to  
follow (SLA)  
1:00 – 3:00 pm Rockets Away (SQUAD  
Booth near LLA)  
3:00 pm Meat Goat Show (LLA)  
5:00 pm Sheep/Breeding Sheep Show  
(LLA)

## Friday, AUG 4 (cont.)

- 6:30 pm Market Lamb Show (LLA)

## Saturday, AUG 5

- 8:00 am Swine Show (Small Livestock  
Arena)  
10:00 am Fiber Animal Show (LLA)  
1:00 pm Special Baking Entry Check in  
2:00 pm Special Baking Competition (SH)  
4:30 pm Bucket Calf Show (SLA)  
Ag-Olympics to follow (SLA)

## Sunday, AUG 6

- 9:00 am Livestock Judging Contest  
Registration (SLA)  
9:30 am Livestock Judging Contest  
12:00-2:00pm Garden in a Glove (SQUAD Booth  
near LLA)  
2:00 pm Round Robin Show  
(LLA/SLA/EEA)  
3:00 pm Exhibits Released, except sale  
livestock & those still showing in Round Robin

## Monday, AUG 7

- 9:30 am Livestock Sale (LLA)

### Details to Keep in Mind for ALL Exhibits:

- July 10, 2023 at 11:59 PM – ALL 4-H exhibits must be pre-entered
- Most conference judging will be scheduled through FairEntry when exhibits are pre-entered

*Subject to change based on current conditions and decisions of the  
Central Kansas Free Fair Board.*



# Central Kansas Free Fair

## 4-H/FFA Division Fair Helpers

### Superintendents/Assistant Superintendents

This is the **ONLY** notification you will receive

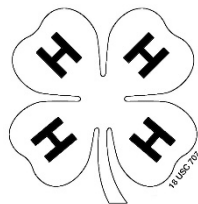
Helpers should be age 10 or older. Your job as a helper will be specifically outlined for you by your department superintendent(s). It will consist mainly of helping with entries on entry day, watching exhibits at assigned times through the week, and any other items required in a particular department as requested by the superintendent(s). You will need to work at least **4 hours** to receive a fair pass good for one night of grandstand entertainment. Your pass will be given to you by your department superintendent **AFTER** you have completed your work assignments. We are counting on you and if there is any reason you cannot work at your assigned time, please call the Extension Office or the superintendent of your assigned department to plan for another work time.

Most livestock helpers should report on Wednesday shortly before 3:00 p.m. for check-in times. Other departments, please be there just before the check-in or judging times. Check in with your department superintendent as soon as you arrive.

For Fair Entry, Winners Walkway, Foods, and Photography divisions, the superintendents of those projects will contact the 4-H Helpers prior to fair to set up a work schedule for fair week.

Find your name on the following list. If you do not find your name and you want to volunteer, check with department superintendents to see if they need any more help. Fair passes are not guaranteed if you were not signed up by the deadline.

Enjoy yourself and thank you for your help with the Central Kansas Free Fair!



## 2023 CKFF Helper List

<b>SpaceTech</b>	<b>Carson Woodworth, Connor Overturf</b>	<b>Cat</b>	<b>Brogan Woody</b>	<b>Winners Walkway</b>	<b>Hayden Zerbe, Kyle Ryan, Abigail Zerbe, Jayce McAsey, Brooklyn Brozek</b>
Saturday, July 29, 9 - 2, <i>Superintendent: Ben Riekeman</i>		Thursday, July 27 6:30 pm, <i>Superintendent: Bailey Woody</i>		Various, as scheduled, <i>Superintendent: Stacey Zerbe</i>	
<b>Visual Arts/Home Environment</b>	<b>Ava Hedstrom, Cora Hedstrom, Charlotte Laughlin</b>	<b>Clothing/Fiber Arts</b>	<b>Lorelai Kuntz, Allison Rose, Ethan Hall</b>	<b>Floriculture</b>	<b>Godric Baetz</b>
Saturday, July 30 9 am, <i>Superintendent: Leah Hern, Asst. Superintendent: Lynne Murphy, Michele Livingston</i>		Wednesday, Aug 2, 1-3 pm, <i>Superintendent: Becky Dibben</i>		Check In Thursday 9-12, Judging Thursday, Aug 3rd 12:00, <i>Superintendent: Laura Hoffman, Asst. Superintendent: Amy Schwarz</i>	
<b>Banner</b>	<b>Carmen Rock, Elliot Rock</b>	<b>Crops/Horticulture</b>	<b>Adam Snowball, Dalton Davidson</b>	<b>Foods Display</b>	<b>Amara Johnson, Anna Holt, Eyley Holt</b>
Check In Saturday, July 30, 9-1, Judging Thursday Aug 4th, 9 am, <i>Superintendent: Joetta Nagely</i>		Thursday Aug 3rd 10:00 a.m. & 1:00 p.m., <i>Superintendent: Michele Snowball</i>		Wednesday, Aug 2nd, 12-4, <i>Superintendent: Robin Schlesener</i>	
<b>Beef</b>	<b>Kaden Hitz, Jensen Woodworth, Tyson Johnson</b>	<b>Fair Entry</b>	<b>Abigail Zerbe, Katie Kohman</b>	<b>Foods Judging</b>	<b>Adeline Laughlin, Annalee Greene, Jace Latzke, Tatum Gentet</b>
Check In Wed. 3-7, Weigh In Wed 7-9, Show Friday 8 am, <i>Superintendents: Greg Acheson, Roger Forsyth, Asst. Superintendents: Marcus Cox, Elizabeth Forsyth</i>		Various, as scheduled, <i>Superintendents: Shawna Riffel &amp; Becky Chase</i>		Wednesday, Aug 2nd, 12-4, <i>Superintendent: Kerby Chase, Asst. Superintendents: Lori Foth, Katie Wieters</i>	
<b>Bucket Calf</b>	<b>Kaylee Livingston</b>	<b>Dog</b>	<b>Joss DePew, Amara Johnson</b>	<b>Food Sale</b>	<b>KaAnn Baetz, Carson Woodworth,</b>
Check in Wed 3-7, Show Saturday 4:30, <i>Superintendent: Bev Riffel, Asst. Superintendent: Jennifer Wilson, Jacob &amp; Jennifer Andres</i>		Tuesday, July 25 8:00 am, <i>Superintendent: Natalie Strickland</i>		Wednesday 12-4, <i>Superintendent: Ellen Haslouer</i>	
<b>Dairy</b>	<b>Colt Dester, Audrey Dester</b>	<b>Photography/ Photography Judging Contest</b>	<b>Addison Acheson, Jade Beary</b>	<b>Sheep</b>	<b>Brianna Hill, Eden Bathurst, Wyatt Bathurst, Wade Bathurst</b>
Check In Wed. 3-7, Show Friday Cattle 8:30, followed by Goats, <i>Goat Superintendent: Ashley Dester, Asst Superintendent: Cattle Superintendents: Dusty Emig</i>		Saturday, July 29, 9-1:30, <i>Superintendent: Ashley Loucks, Asst. Superintendent: Jill Swenson</i>		Check In Wed. 3-7, Weigh In Wed 8-9, Breeding Sheep Show Friday 5:00, Market Lamb Show Friday 6:30, <i>Superintendents: Kevin Harris, Sherry Reinhardt, assistant: SaRae Graves</i>	
<b>Meat Goats</b>	<b>Benson Smiley, Austin Smiley, Korbin Hackett</b>	<b>Poultry</b>	<b>Asher Hulsey, Alice Hill</b>	<b>Swine</b>	<b>Chase Lillard, Nolin Hartman, Adeline Hackett</b>
Check In Wed. 3-7, Weigh In Wed. 7-8, Show Friday 3:00, <i>Superintendent: Mackenzie Riffel, Asst. Superintendents: Olivia Crist, Laird Riffel &amp; Tom Lehman</i>		Check In Wed. 3-7, Show Thursday 9 a.m. <i>Superintendent: Carrie Hill, assistant: Barbie Woody</i>		Check In Wed. 3-10, Weigh In Thursday 8 am, Show Saturday 8 am <i>Superintendents: Loran Lefert, Nathan Zook, Kris Bogart, Trevor Martin</i>	
<b>Equine</b>	<b>Charlie Purdue, Lynzee Johnson, Tyson Johnson</b>	<b>Rabbit</b>	<b>Keaton Gentet, Madelynn Norton, Victoria Jackson</b>	<b>Other Projects</b>	<b>Roper Lefert</b>
Check In Wed 3-7, Show Thursday 8:30 am, Report by 8:00 am, <i>Superintendent: Darcy Ferguson, Asst. Superintendents: Olivia Crist</i>		Check In Wed. 3-7 Judging Thursday 8:30 am, <i>Superintendents: Marion &amp; Dwight Kamm</i>		Check in Wed. 3-7, Judging Thursday 12:30-3:30, <i>Superintendent: Susan Hettenbach</i>	
<b>Livestock Sale</b>	<b>Dally Emig, Ryleigh Farson</b>	<b>Round Robin</b>	<b>Jensen Woodworth</b>	<b>Woodworking/Electricity/ Forestry/ Entomology/ Geology</b>	<b>Justin Latzke, Steven Bogart</b>
Set up Sunday by 3:00 p.m & Clean-up following sale Monday, <i>Superintendents: Kody Chase, Becky Chase</i>		Report Sunday by 1:00 pm, <i>Superintendent: Paula Acheson, assistants: Nick Acheson, Ross Freeman</i>		Saturday, July 29, 9-12, <i>Superintendent: Cindy Markley Asst. Superintendent: Jody Ehrich</i>	
<b>Fiber Animal</b>	<b>Brogan Woody</b>	<b>Fashion Revue</b>	<b>Makenzie Hall, Ethan Hall, Ava Hedstrom, Payton Ballou</b>		
Saturday August 5th 10:00 am, <i>Superintendent: Barbie Woody</i>		Monday July 31st as scheduled. <i>Superintendents: Kelly Coup, Becky Dibben</i>			



## ***Favorite Foods Show***

### ***Theme 2023: Charcuterie***

Please register by **July 10** via Fair Entry ([ckff.fairentry.com](http://ckff.fairentry.com))

The word "charcuterie" is a French word that describes a shop that sells cured pork products such as salami and ham as well as cheeses, olives, nuts, crackers, dried fruits and other condiments. The best part about charcuterie boards is that they're totally customizable! You can switch up the components based on the occasion, the season, or simply what your guests will like best. The Favorite Foods Show challenge this year is to create a healthy food arrangement giving attention to texture, balance of sweet, salty, and savory, while including pops of color.



Come join us for the Favorite Foods Show on **July 28<sup>th</sup> at 5pm in Sterl Hall** (Abilene Fairgrounds). Participation for this event is open to enrolled Chisholm Trail District 4-Hers. Enrollment in the foods and nutrition project is NOT required. The public is invited to join us for our finale charcuterie board tasting.

### **Rules**

This event is a presentation of a **themed board, tablecloth, menu** that includes a **diagram of the board**, and **recipe for the homemade item**.

- Items on the board may be labeled.
- This will be a conference judging experience with participants prepared to discuss their menu and presentation choices with the judge.
- Each board should serve eight.
- At least one of the items included on the board must be made by the participant with the recipe provided.
- *Please plan to arrive at 4:45pm to set up your table-setting and start the event at 5pm.*

Create a board that you would share with family or friends that meets the requirements assigned to your age division:

**Juniors (age 9 and under) = fruits, veggies, dips**

**Intermediates (age 10-13) = dips, cheeses, crackers, bread**

**Seniors (age 14+) = Full Board including vegetable/fruit, bread/crackers, cheese/other protein, and one additional item**

-Plan a healthy food arrangement giving attention to texture, balance of sweet, salty, and savory, while including pops of color.

-Your board should include eight servings.

-Bring a copy of the recipe for the homemade item and the cost per serving (**a digital copy MUST be sent electronically to [mkanquiano@ksu.edu](mailto:mkanquiano@ksu.edu) for the Favorite Food Show cookbook**).

-Be prepared to answer questions during the conference judging as to how you chose your charcuterie arrangement, what makes it healthy, or if not so healthy, how it complements the rest of the menu. How could you make it a healthier option? Also think about any food safety considerations that would be relevant. We are encouraging participants to update their recipes with food safety instructions, such as

"wash your hands..." as the first direction. For more information, see the [Safe Recipe Style Guide](#) for guidance.

-Tables will be provided-- (your display will be made on one end of a six-foot table.... about the size of a card table). When planning your display, think about how you would present your board and how it would be served. Make sure to include required serving items (example: napkin or plate, tongs, spoon, etc.) as well as an appropriate table covering.

-Please dress in typical 4-H conference judging attire.

-Allow 15 minutes of judging...The participant and the judge will be allowed at the table during judging. Once your judging is complete, your picture will be taken to assist the judge as well as for promotion and a "cookbook" that will be compiled and available later in the summer. You will be asked to clean up your area at the end of the event.

\*Please bring enough for 8 people, as we will have a sampling afterwards. (We will provide tea and water, as well as plates, etc.)

While the judge is tallying, participants will be able to do a quick tour with the crowd to answer questions. Younger participants can have help from their parents on the tour part, as we don't want to prevent youth from participating if they are afraid to talk. Then we will take time to sample everyone's dish.

Announcements for the top three in each age division will be made at the end of the event. Each participant will receive a participation bag.

--

**Questions? Contact 4-H Youth Development Agent Jill Martinson ([martinso@ksu.edu](mailto:martinso@ksu.edu), 785-263-2001)**



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact, **Jill Martinson**, two weeks prior to the start of the event, **July 14, 2023**, at **785-263-2001** or [martinso@ksu.edu](mailto:martinso@ksu.edu). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**

K-State Research and Extension is an equal opportunity provider and employer.



Join us for our

# Friends of 4-H Picnic

Wednesday, July 12, 2023  
Sterl Hall | 6:30 PM

Join us for a fried chicken meal and a free swim from 8:00 to 9:30 PM! We hope to see you there!

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

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**K-STATE**  
Research and Extension



Chisholm Trail District  
Dickinson County

712 South Buckeye Avenue  
Abilene, KS 67410-3210

Phone: 785-263-2001

Fax: 785-263-3624

E-mail: [chisholmtrail@listserv.ksu.edu](mailto:chisholmtrail@listserv.ksu.edu)

Web: <https://www.chisholmtrail.k-state.edu/>

Facebook: Chisholm Trail Extension District

Jill D. Martinson  
District Extension Agent  
4-H Youth Development

«First\_Name» «Last\_Name»  
«Company»  
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